THE BASQUE COUNTRY ON FOOT

BASQUETOUR, BASQUE TOURIST AGENCY

Euskadi, auzolana, bien común

Eusko Jaurlaritzaren Argitalpen Zerbitzu Nagusia
Servicio Central de Publicaciones del Gobierno Vasco

Vitoria-Gasteiz 2019
Photograph: PR-Gi 5001 Trail, Sakoneta. Geopark
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WALKS THROUGH THE BASQUE COUNTRY

SERVICE COMPANIES
Follow the signposts.

Treat nature (flora, fauna, rivers, etc.) with respect and look after it. Do not alter, change and/or remove elements of the natural environment.

Do not throw away or bury rubbish, handkerchiefs or fruit peel. Put them in a nearby rubbish bin.

Close doors and gates you find along the way.

Consult the weather forecast.

Take water, a telephone and food.

Wear seasonally appropriate and comfortable clothes and shoes.

Take binoculars and drab-coloured clothes to enable you to observe wildlife.

In summer, take precautions against high temperatures.

Walk in silence and discover the habits of animals.

Enjoy nature and everything the Basque Country can offer: its genuine people, its cultural heritage and its renowned gastronomy.

In case of emergency, call: 112
<table>
<thead>
<tr>
<th>Symbol</th>
<th>Description</th>
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<tbody>
<tr>
<td>📍</td>
<td>START of routes</td>
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<tr>
<td>⬅️</td>
<td>END of linear route</td>
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<tr>
<td>1</td>
<td>Route number</td>
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<tr>
<td>🚶️</td>
<td>Access to start of route</td>
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<td>🌱</td>
<td>Bypass: alternative route</td>
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<td>🌘</td>
<td>Link from route to route</td>
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<tr>
<td>🛡️</td>
<td>Diversion: path to a place of interest</td>
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<td>🌿</td>
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<td>Information</td>
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<td>Bar / Restaurant</td>
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<td>Accommodation</td>
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<td>🕉️</td>
<td>Chapel / Religious building</td>
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<td>⛰️</td>
<td>Lookout / Panoramic view</td>
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<td>⛮️</td>
<td>Cave</td>
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<td>🏟️</td>
<td>Recreation area</td>
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<td>🏯</td>
<td>Fortification / City walls</td>
</tr>
<tr>
<td>⭐️</td>
<td>Be sure to visit...</td>
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<tr>
<td>📚</td>
<td>Euskadi Gastronomika</td>
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</tbody>
</table>
THE BASQUE COUNTRY ON FOOT
NATURE RESERVES
LOCATION MAP
NATURE RESERVES

ARMAÑÓN NATURAL PARK

URKIOLA NATURAL PARK

GORBEIA NATURAL PARK

VALderejo NATURAL PARK

BILBAO

MIRANDA DE EBRO

VITORIA GASTEIZ

THE BASQUE COUNTRY ON FOOT
URDAIBAI BIOSPHERE RESERVE

The Urdaibai Biosphere Reserve is a landscape of outstanding cultural and natural significance awarded biosphere reserve status by UNESCO in 1984.

The Urdaibai Biosphere Reserve has one of the greatest diversities of plants, animals and landscapes in the Basque Country, and a series of highly valuable natural systems and habitats including estuary, river, karst, coast, and holm oak forests. All of them are recognised under the Natura 2000 network, the European Union’s main instrument for nature conservation.

Salt marshes, sea cliffs, forests, beaches, history, culture and tradition are some of the many treasures awaiting visitors in this haven on the Bay of Biscay.

The most striking part of a visit to this area is the setting itself. Here visitors can enjoy some of the most captivating experiences the Basque Country has to offer. Ideas include birdwatching and learning about the rich variety of birdlife in the area, spotting dolphins as they play along the coast, walking alongside sand dunes at Laga beach, taking in the spectacular views from San Juan de Gaztelugatxe, trying your hand at a game of Basque pelota in one of the country’s most emblematic ball courts, and kayaking.

www.turismourdaibai.com

© 1. Santa Catalina Chapel, Mundaka
2. Panoramic view of Urdaibai
ON FOOT THROUGH
URDAIBAI
ON FOOT THROUGH URDAIBAI

1. **PR-BI 160** WALKING IN THE SHADE OF TXAKOLI WINE  **7,5 km**
   - Difficulty: ★★★★★
   - Duration: 2h 00’
   - Elevation Gain: +50m.
   - Type: Circular route
   - **START of route:** Axpe-Busturia, (Bizkaia)
     - 43.382176, -2.700559
   - Signposted route

2. **PR-BI 161** RIGHT IN THE HEART OF THE HOLM OAK  **8,4 km**
   - Difficulty: ★★★★★
   - Duration: 2h 45’
   - Elevation Gain: +220m.
   - Type: Circular route
   - **START of route:** Kanala Car Park, (Bizkaia)
     - 43.385389, -2.677999
   - Signposted route

3. **PR-BI 163** TOUR THROUGH ARROYO MOLINERO  **4,4 km**
   - Difficulty: ★★★★★
   - Duration: 1h 15’
   - Elevation Gain: +50m.
   - Type: Circular route
   - **START of route:** Bº de Zelaieta, Gautegiz-Arteaga (Bizkaia)
     - 43.349486, -2.651785
   - Signposted route

4. **PR-BI 165** ROUTE TO THE SEA  **6,5 km**
   - Difficulty: ★★★★★
   - Duration: 2h 00’
   - Elevation Gain: +165m.
   - Type: Circular route
   - **START of route:** San Andrés Church, Ibarrangelu (Bizkaia)
     - 43.390310, -2.631277
   - Signposted route

THE BASQUE COUNTRY ON FOOT
5. **PR-BI 167 GOLAKO TRAIL**

- **Distance**: 5 km
- **Start**: Car Park, Santo Tomás Church. Bº Elexalde-Arratzu (Bizkaia)
- **Duration**: 1h 45’
- **Elevation**: +130m.
- **Type**: Circular route
- **Signposted route**: Yes

6. **PR-BI 174 ILLUNTZAR, VIEWPOINT OF URDAIBAI**

- **Distance**: 10.5 km
- **Start**: Elexalde-Nabarniz (Bizkaia)
- **Duration**: 3h 30’
- **Elevation**: +420m.
- **Type**: Circular route
- **Signposted route**: Yes

7. **PR-BI 176 A LOOK TO THE MEGALITHIC PAST**

- **Distance**: 8.4 km
- **Start**: Santa María Church, Mundaka (Bizkaia)
- **Duration**: 3h 00’
- **Elevation**: +315m.
- **Type**: Circular route
- **Signposted route**: Yes

8. **PR-BI 180 THROUGH THE CHARming VALLEYS**

- **Distance**: 6 km
- **Start**: Lezika, Basondo (Bizkaia)
- **Duration**: 2h 00’
- **Elevation**: +200m.
- **Type**: Circular route
- **Signposted route**: Yes
ON FOOT THROUGH URDAIBAI

9. PR-BI 181 THROUGH THE HEART OF THE ESTUARY 12.5 km

START of route: Villa Argentina, Gernika (Bizkaia)
43.318209, -2.678931

Difficulty ★★★★☆ 3h 45' ▲ ▲ ▲ ▲ ▲ +260m. Circular route

START of route: Villa Argentina, Gernika (Bizkaia)
43.318209, -2.678931

Signposted route

10. PR-BI 182 ALONG THE INLAND PATHS 10.2 km

START of route: Bº de Ariatza, Muxika (Bizkaia) 43.271207, -2.685248
END of route: Bº de Kurtzero, Muxika (Bizkaia) 43.289370, -2.689615

Difficulty ★★★☆☆ 3h 00' ▲ ▲ ▲ ▲ ▲ +325m. Linear route

START of route: Bº de Ariatza, Muxika (Bizkaia) 43.271207, -2.685248
END of route: Bº de Kurtzero, Muxika (Bizkaia) 43.289370, -2.689615

Signposted route
ON FOOT THROUGH URDAIBAI

Be sure to visit...

1. Estuary
   Estuary Heart and soul of the reserve.

2. Matxitxako / Gaztelugatxe
   Cape Matxitxako and San Juan de Gaztelugatxe.

3. Izaro
   Izaro Island, fragile protected landscape.

4. Ogoño / Laga
   Ogoño and Laga beach.

5. Mundaka
   Mundaka and the left-hand wave.

6. Bermeo
   The Port and Old Town of Bermeo.

THE BASQUE COUNTRY ON FOOT
Elantxobe
Old Town and fishing port.

Madariaga Tower
The Basque Biodiversity Centre.

Ereñozar
Holm oak and mediaeval Ereñozar.

Urdai Bai Bird Center
A living documentary.

Oma / Santimamiñe
Painted Forest of Oma and Santimamiñe cave.

Gernika
Assembly House and Tree of Gernika.
The Basque Coast UNESCO Global Geopark is a small area wedged in between the Bay of Biscay and the Basque mountains, and comprising the municipalities of Zumaia, Deba and Mutriku. Since 2010 it has been a member of the European and Global Geopark network.

Geology is the true protagonist of a landscape that preserves some of the most impressive episodes in the Earth’s recent history. The 13 km of cliffs in the Geopark have a spectacular formation of rock layers known as Flysch deposits, which in the manner of a large encyclopaedia show us over 60 million years of the history of the Earth.

Inland we come across the Karst world where time seems to have stopped for ever. Here you will be able to enjoy the roots of one of Europe’s most ancient peoples.

The Geopark on the Basque Coast is a lesson that leaves no one indifferent. The main players here are time, the earth, life and our own species.

www.geoparkea.com

1. Flysch
2. Views from Algorri, Zumaia
Scan this QR code for more information.
Protected Biotype of the Deba-Zumaia coastal stretch
<table>
<thead>
<tr>
<th>Route</th>
<th>Distance</th>
<th>Description</th>
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<tbody>
<tr>
<td>1. SL-Gi 5001 ALGORRI</td>
<td>1.9 km</td>
<td>Circular route</td>
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<tr>
<td><strong>START of route:</strong> Itzurun beach, Zumaia (Gipuzkoa)</td>
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<tr>
<td>Difficulty</td>
<td>0h 35’</td>
<td>+43m.</td>
</tr>
<tr>
<td>2. SL-Gi 5002 ELORRIAGA</td>
<td>2.1 km</td>
<td>Circular route</td>
</tr>
<tr>
<td><strong>START of route:</strong> Elorriaga, Deba (Gipuzkoa)</td>
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<tr>
<td>Difficulty</td>
<td>0h 50’</td>
<td>+134m.</td>
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<tr>
<td>3. PR-Gi 5001 SAKONETA</td>
<td>5.5 km</td>
<td>Linear route</td>
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<tr>
<td><strong>START of route:</strong> Errotaberri, Deba (Gipuzkoa)</td>
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<tr>
<td>Difficulty</td>
<td>1h 55’</td>
<td>+288m.</td>
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<td>4. PR-Gi 47 OLATZ</td>
<td>6.5 km</td>
<td>Circular route</td>
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<tr>
<td><strong>START of route:</strong> Bº Olatz, Mutriku (Gipuzkoa)</td>
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<tr>
<td>Difficulty</td>
<td>2h 00’</td>
<td>+247m.</td>
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5. LAPARI DEBA

Difficulty:  
Time: 0h 20’  
Height Change: +0m.  
Route: Linear route

START of route: Deba (Gipuzkoa)
GPS coordinates: 43.297405, -2.352357
Unmarked route

6. GR 121 TALAIA (ZUMAIA > DEBA)

Difficulty:  
Time: 4h 45’  
Height Change: +649m.  
Route: Linear route

START of route: Algorri Interpretation Centre, Zumaia (Gipuzkoa)
GPS coordinates: 43.299646, -2.255016
Signposted route
ON FOOT THROUGH THE BASQUE COAST GEOPARK

Be sure to visit...

1. Zumaia
   Coastal town brimming with charm.

2. Itzurun-Algorri
   The Geopark’s geological shrine.

3. Urola
   Dunes, marshes and holm-oak groves.

4. Elorriaga
   Soaring cliffs and dream-like open spaces.

5. Sakoneta
   An impressive geology museum.

6. Deba
   History going back a thousand years.
Mutriku
A treasure to be discovered on the Basque coast.

Olatz
A very tempting experience.

Lastur
The Geopark’s closed valley.

Saturraran
The hidden beach of the black flysch.

Arno
The upholstered pyramids of the Geopark.

Ekain
World Heritage Site.
Located in a region known as Las Encartaciones, in the extreme west of Bizkaia on its border with Cantabria, is the mountainous massif which is Armañon Natural Park. It is a primarily a rural, hilly and mountainous area featuring four main mountains: Armañón, Ranero, Surbias and Los Jorrios.

There are over 200 subterranean caves and potholes in the park. Make sure to visit the Pozalagua Cave with its impressive rock formations and fascinating stalactites.

Further information about the Natural Park and the nearby Ordunte mountains is available at the Pozalagua Cave. Both the Ordunte mountains and the Armañon Natural Park belong to the Natura 2000 network.

Several native breeds of animal have survived in this very rural area. During your visit, you are likely to see red-faced or black-faced Carranzana sheep, the Villano de las Encartaciones working dog or the Monchina cattle, among others.
Area covered: 2,985 ha  Height: Armañón (854 m) · Los Jorrios (847 m)

VISITOR CENTRE
Ranero, Karrantza (Bizkaia)
T. +34 688 884 330 · E. armanon.parke.naturala@bizkaia.eus
ON FOOT THROUGH
ARMAÑÓN NATURAL PARK
ON FOOT THROUGH ARMAÑÓN NATURAL PARK

1. PR-BI 120 Jorrios Path 13.2 km
   - START of route: Car park La Puente, Trucíos (Bizkaia)
   - Difficulty: ★★★★★
   - 4h 40’
   - +730m.
   - Circular route
   - Signposted route

2. PR-BI 121 Holm-oak forest of Sopeña 11.3 km
   - START of route: El Suceso, Karrantza (Bizkaia)
   - Difficulty: ★★★★★
   - 2h 45’
   - +470m.
   - Circular route
   - Signposted route
ON FOOT THROUGH ARMAÑÓN NATURAL PARK

Be sure to visit...

Pozalagua Cave
Known for its eccentric stalactites, which grow in all directions in an arbitrary manner. It is unique in the world. Designated “best tourist spot” by the Repsol Guide in 2013.

Balmaseda
The historical quarter of the first medieval town founded in Bizkaia is the best means of exploring its centuries-old history. Balmaseda welcomes us on the other side of its “old bridge”, an ancient crossroads and a compulsory point of passage for merchants who used to pay a toll for their merchandise.

More information: www.enkarterrialde.eus
Carranzan sheep’s milk

Sheep’s milk cheese: it is worth highlighting that this cheese is made from the milk of one of Enkarterri’s native sheep breeds, the carranzan sheep.
If you’re into hiking, you’ve come to the right place. Valderejo is a broad valley surrounded by steep, rock-topped hillsides with nine trails running through it. The park’s scenic gem is the beautiful Purón river gorge.

Boasting a magnificent range of flora and fauna, Valderejo is home to the biggest colony of Griffon vultures in Euskadi and is a popular destination for bird-watching.

You will find information about the park’s trails and services at the visitor centre (parketxe) in Lalastra, in the heart of Valderejo. You will also find the Rural Interpretation Centre which explains the local history and customs of the valley.

For family outings, there is a recreational area with picnic facilities and a playground for children.

Closeby are the villages of Lahoz, Villamardones and Ribera, the latter two are uninhabited nowadays but still interesting to walk around. Other attractions in the area include the ruins of a Roman road, sundry megalithic monuments (the San Lorenzo burial mound, the Mount Lerón monolith) and churches from different periods.
VISITOR CENTRE
Lalastra (Araba/Álava)
T. +34 945 353 146 • E. parquevalderejo@parques.araba.eus

Area covered: 3,496 ha  Height: Recuenco (1,240 m)
ON FOOT THROUGH
VALDEREJO NATURAL PARK
ON FOOT THROUGH VALDEREJO NATURAL PARK

1. Purón Path. Gorge  5.2 km

Difficulty  ★★★★☆  1h 30’  ▲▲▲  +478m.  → Linear route

START of route: Valderejo Visitor Centre • Lalastra (Araba/Álava)
42.874907, -3.231456

Signposted route

2. La Sierra Path  9.4 km

Difficulty  ★★★★☆  3h 30’  ▲▲▲  +314m.  → Linear route

⚠ Partially closed from January 1 to August 15. Bird breeding season.

START of route: At the end of Bóveda Path.
Alto del Portillo de La Sierra (Araba/Álava) 42.882185, -3.221548

Signposted route

3. Purón-Coronas Path  5.6 km

Difficulty  ★★★★☆  1h 15’  ▲▲▲  +248m.  → Linear route

START of route: Valderejo Visitor Centre • Lalastra (Araba/Álava)
42.874907, -3.231456

Signposted route
4. Lerón Path

Difficulty ★★★★★

1h 00’

+263m.

Linear route

Closed from January 1 to August 15. Bird breeding season.

START of route: Lahoz (Araba/Álava)

42.884805, -3.240217

Signposted route

5. Bóveda Path

Difficulty ★★★★★

0h 40’

+185m.

Linear route

START of route: Valderejo Visitor Centre • Lalastra (Araba/Álava)

42.874907, -3.231456

Signposted route

6. San Lorenzo Path

Difficulty ★★★★★

1h 00’

+235m.

Linear route

START of route: Valderejo Visitor Centre • Lalastra (Araba/Álava)

42.874907, -3.231456

Signposted route

7. Vallegrull Path

Difficulty ★★★★★

1h 30’

+101m.

Linear route

Closed from January 1 to August 15. Bird breeding season.

START of route: Ribera (Araba/Álava)

42.849982, -3.229766

Signposted route
ON FOOT THROUGH VALDEREJO NATURAL PARK

8. Portilla Path  6.6 km

Difficulty  ★★★★★  1h 30’  ▲▲▲▲▲ +182m.  → Linear route

START of route: Valderejo Visitor Centre • Lalastra (Araba/Álava)
📍 42.874907, -3.231456

Signposted route

9. Santa Ana Path  3.6 km

Difficulty  ★★★★★  1h 00’  ▲▲▲▲▲ +224m.  → Linear route

START of route: Ribera (Araba/Álava)
📍 42.849982, -3.229766

Signposted route
Panoramic view of the valley
ON FOOT THROUGH VALDEREJO NATURAL PARK

Be sure to visit...

Santa Catalina Botanical Garden
An impressively beautiful natural paradise located over the ruins of a convent of the same name. Located alongside the town of Trespuentes, it is home to more than 600 botanical species from all five continents.

Añana Salt Pans
Visiting and learning about one of the world’s most singular architectural, landscape, archaeological, geological and historic places involved in the extraction of salt is a unique experience. It is not to be missed by any visitor to the Añana area.

More information: www.ananaturismo.com
Salt tasting

This experience allows you to discover the secrets of Añana Salt, considered one of the best salts in the world by experts. The salt of Valle Salado has been weaving its magic for a long time. The most prestigious cooks use it in their creations and promote it throughout the world.
Gorbeia Natural Park is well-known to Basque mountaineers. The Gorbeia cross sits aloft Mount Gorbeia (1,482 m) whose summit straddles the border between Bizkaia and Alava.

The park covers an area of karst land with a total of nearly 500 catalogued sinkholes. The scenery in Gorbeia is very varied, ranging from bare rock face to gentle, rolling pastures and beech and oak forests.

Particularly noteworthy from a scenic point of view are the Itxina Protected Biotope and the Goiuri waterfall with its 100-metre cascade.

For the Basques, the quality of the park scenery and its cultural significance have made it a popular destination for many outdoor pursuits such as hiking, mountaineering, mountain-biking, horse riding, potholing, etc.

There are several fully-equipped recreational areas and two visitor centres: the Alava visitor centre is located in Sarria (Central de Bayas), the Bizkaia visitor centre is found in the village of Areatza.
Area covered: 20,016 ha  Height: Gorbeia (1,482 m) · Ziorraga, Areatza (300 m aprox.)

VISITOR CENTRE
Sarria (Araba/Álava) · T. +34 945 430 709 · E. parquegorbeia@parques.araba.eus
Areatza (Bizkaia) · T. +34 946 739 279 · E. gorbeia.parke.naturala@bizkaia.eus
ON FOOT THROUGH GORBEIA NATURAL PARK
FROM ÁLAVA

1. Garrastatxu Path. Katxabaso ➔ Burbona 5.4 km
   Difficulty ⭐⭐⭐⭐⭐ 1h 40’  ▲▲ ▲+452m. ➔ Linear route
   START of route: Baranbio (Araba/Álava)
   43.046209, -2.920595
   Signposted route

2. Altube Path. Altube ➔ Burbona 7.2 km
   Difficulty ⭐⭐⭐⭐⭐ 1h 55’ ▲▲ ▲+482m. ➔ Linear route
   START of route: Alto de Altube (Araba/Álava)
   42.977201, -2.871247
   Signposted route

3. Baias-Gorbeia Path. Parketxe ➔ Gorbeia 10.5 km
   Difficulty ⭐⭐⭐⭐⭐ 3h 15’ ▲▲ ▲+251m. ➔ Linear route
   START of route: Visitor Centre, Sarria (Araba/Álava)
   42.986050, -2.832003
   Signposted route
4. Zárate Path. Zárate ➔ Pagazuri 5 km

Difficulty ★★★★★  
Start of route: Car park, 1 km from Zárate (Araba/Álava)  
42.971281, -2.777982  
Start Time: 1h 25’  
Difficulty: ++  
Linear route

5. Murua Path. Murua ➔ Gorbeia 8.1 km

Difficulty ★★★★★  
Start of route: Car park of Parratxi • Murua (Araba/Álava)  
42.978192, -2.738877  
Start Time: 2h 40’  
Difficulty: ++  
Linear route

6. Zubialde-Egillolarra Path. Murua ➔ Egillolarra 8.5 km

Difficulty ★★★★★  
Start of route: Car park of Parratxi • Murua (Araba/Álava)  
42.978192, -2.738877  
Start Time: 3h 15’  
Difficulty: ++  
Linear route

7. Etxaguen Path. Etxaguen ➔ Oketa 4 km

Difficulty ★★★★★  
Start of route: Etxaguen (Araba/Álava)  
42.984796, -2.723687  
Start Time: 1h 15’  
Difficulty: ++  
Linear route
Nervión Waterfall
At 220 metres, the Nervión Waterfall is one of the tallest and most beautiful waterfalls in Western Europe. It is surrounded by beech forests and constitutes one of the most spectacular natural spots, reflecting the personality and beauty of the Cantabrian mountain range.

Ullibarri Gamboa Reservoir
It has three inland beaches with blue flag status, where the visitor can sunbathe, have a dip or simply enjoy the beauty of a sunset. In addition, there is the chance to circumnavigate the reservoir on foot or by bicycle.

More information: www.gorbeiaeskadi.com
www.basquemountains.com
Honey

This is high-quality fresh honey, produced in the traditional way in small apiaries. Due to the climatic and floral richness of the area, thousands of different varieties with different colours and flavours are gathered.

At Casa Oregi, in the town of Murgia, you can visit the museum of honey. Consult the opening hours beforehand by calling:
+34 945 43 01 67 | +34 945 43 04 40
The Urkiola Natural Park covers the highest part of the Aramotz mountain range, forming a limestone barrier between the localities known as Arratia and Duranguesado (Bizkaia), and the Aramaio valley (Alava). These mountains also separate the Cantabrian Atlantic basin from the Mediterranean basin. If you like rugged landscapes, this is the place for you.

The park is mountainous, with limestone precipices, ravines and deep valleys. The mountains have made it a favourite with climbers and hikers.

Anboto, the highest mountain in the range, is very popular with the Basques, as is Mari’s cave. Mari is a well-known character in Basque mythology.

The Natural Park gets its name from the sanctuary built in honour of Saint Anthony the Abbot and Saint Anthony of Padua. Outside the sanctuary, there is a symbolic stone where people come in the hope of finding a husband or wife. According to legend, if you circle the stone three times, soon you will be wed.

The Urkiola Natural Park visitor centre (“Toki Eder”) is located at the Urkiola mountain pass.
Area covered: 5.955 ha  Height: Anboto (1,330 m)

VISITOR CENTRE
Toki Alai Visitors’ Centre. · Bº Urkiola, Abadiño (Bizkaia)
T. +34 946 814 155 · E. urkiola.parke.naturala@bizkaia.eus
ON FOOT THROUGH
URKIOLA NATURAL PARK

- Belatxikieta
- Indusi
- Mañaria
- Iurreta
- Orozketa
- Ipiñaburu
- Altzusta
- Eleizondo
- Oba
- Bikarregi
- Olabarri
- Zelaia
- Urgasarri
- Areatza
- Bargeordia
- Indusi
- Oba
- Plaza
- Altzusta
- Ipiñaburú

N-240
BI-2543

ON FOOT THROUGH
URKIOLA NATURAL PARK
# ON FOOT THROUGH URKIOLA NATURAL PARK

<table>
<thead>
<tr>
<th>Route</th>
<th>Distance</th>
<th>Description</th>
<th>Start</th>
<th>Difficulty</th>
<th>Duration</th>
<th>Ascent</th>
<th>Route Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. PR-BI 80 Discovering Urkiola</td>
<td>3.8 km</td>
<td>Signposted route</td>
<td>Bº de Artaun, Dima (Bizkaia)</td>
<td>1 h 00’</td>
<td>+140 m.</td>
<td>Circular route</td>
<td></td>
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<tr>
<td>2. PR-BI 81 Galdara circular route</td>
<td>9.6 km</td>
<td>Signposted route</td>
<td>Bº de Artaun, Dima (Bizkaia)</td>
<td>2 h 30’</td>
<td>+420 m.</td>
<td>Circular route</td>
<td></td>
</tr>
<tr>
<td>3. PR-BI 82 Charcoalmakers’ Path</td>
<td>12.5 km</td>
<td>Signposted route</td>
<td>Bº de Oba (Bizkaia)</td>
<td>3 h 30’</td>
<td>+804 m.</td>
<td>Circular route</td>
<td></td>
</tr>
<tr>
<td>4. PR-BI 83 Legarmendi long-distance trek</td>
<td>17.3 km</td>
<td>Signposted route</td>
<td>Alto de Urkiola (Bizkaia)</td>
<td>7 h 00’</td>
<td>+1.013 m.</td>
<td>Linear route</td>
<td></td>
</tr>
<tr>
<td><strong>5. PR-BI 84</strong></td>
<td><strong>Erleable, the path of the bees</strong></td>
<td>8.2 km</td>
<td></td>
<td></td>
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</tr>
<tr>
<td><strong>Difficulty</strong></td>
<td>![4/5]</td>
<td>![2h 30']</td>
<td>![+461m.]</td>
<td>![Circular route]</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td><strong>START of route:</strong></td>
<td>Mañaria (Bizkaia)</td>
<td>![43.137965, -2.661297]</td>
<td>![Signposted route]</td>
<td></td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th><strong>6. PR-BI 85</strong></th>
<th><strong>Anboto circular route</strong></th>
<th>19 km</th>
</tr>
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<tbody>
<tr>
<td><strong>Difficulty</strong></td>
<td>![4/5]</td>
<td>![6h 30']</td>
</tr>
<tr>
<td><strong>START of route:</strong></td>
<td>Atxarte (Bizkaia)</td>
<td>![43.120246, -2.636031]</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th><strong>7. PR-BI 86</strong></th>
<th><strong>Following the River Mendiola</strong></th>
<th>7.6 km</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Difficulty</strong></td>
<td>![4/5]</td>
<td>![2h 00']</td>
</tr>
<tr>
<td><strong>START of route:</strong></td>
<td>Caserío Txakurzulo (Bizkaia)</td>
<td>![43.108618, -2.645502]</td>
</tr>
</tbody>
</table>
ON FOOT THROUGH URKIOLA NATURAL PARK

🌟 Be sure to visit...

Arrazola Green Way
A 5 km route (one way) which allows you to cross the beautiful Bizkaian valley of Atxondo from north to south and arrive at the foot of the legendary Mount Anboto.

Durango
It has an interesting architectural heritage. Its old quarter is home to numerous historically valuable monuments.

More information: www.durangaldea.eu
Visit a Charcoal Grill

Inland in the Basque Country, the star of the charcoal grills is the aged T-bone steak, an exquisite meat dish.

To enjoy its taste in all its glory, it should be served seared well on both sides and red on the inside.
IZKI
NATURAL PARK

Located 31 kms from Vitoria-Gasteiz, Izki Natural Park is a vast forest area surrounding the Izki river, flanked by mountains on either side. Standing at 1,176 m, Kapildui is the highest peak in the area.

Izki is an ideal park to do a spot of bird-watching, walking, cycling or horseriding.

Izki boasts the largest Pyrenean Oak (*Quercus pyrenaica*) reserve in Europe and is home to a unique rural culture well worth exploring.

Walkers can get from Korres to the Bujanda gorge by crossing the spectacular Izki ravine where there is a large recreational area.

Still in the same area, you can visit the interesting hermits’ caves of Laño, Faido and Marquínez. The town of Peñacerrada and the many gorges and crags around Arluzea are also worth seeing.

If you like mountain-biking or playing golf, Urturi has wonderful facilities for both.

Information about the park trails and facilities is available at the Korres visitor centre.
Area covered: 9.143 ha  Height: Kapildui (1.180 m)

VISITOR CENTRE
Korres (Araba/Álava)
T. +34 945 410 502 • E. parqueizki@parques.araba.eus
ON FOOT THROUGH
IZKI NATURAL PARK

Peña cerrada 16km

Peña del Portal
ON FOOT THROUGH IZKI NATURAL PARK

1. Bujanda Path. Korres ➔ Bujanda 3.5 km

Difficulty ★★★★★  0h 00'  ▲ +125m.  ➔ Linear route

START of route: Korres (Araba/Álava)
42.699181, -2.433873
 ➔ Signposted route

2. San Román Path. Korres ➔ San Román de Campezo 4.5 km

Difficulty ★★★★★  0h 40'  ▲ +362m.  ➔ Linear route

START of route: Korres (Araba/Álava)
42.699181, -2.433873
 ➔ Signposted route

3. Ullibarri Path. Korres (Monasterio) ➔ Haya “El Cura” 3.3 km

Difficulty ★★★★★  0h 40'  ▲ +145m.  ➔ Linear route

START of route: Korres (Araba/Álava)
42.696058, -2.436145
 ➔ Signposted route
4. Renabar Path. San Román de Campezo → "El Callejón" 4 km

- **Difficulty**: 2/5
- **Time**: 1h 10’
- **Elevation Gain**: +124m.
- **Route Type**: Linear route

**START of route**: San Román de Campezo (Araba/Álava)
- 42.671034, -2.443460

**Signposted route**

5. Los Arrieros Path. Quintana → Apellániz 10,3 km

- **Difficulty**: 3/5
- **Time**: 3h 00’
- **Elevation Gain**: +434m.
- **Route Type**: Linear route

**START of route**: Quintana (Araba/Álava)
- 42.658365, -2.478056

**Signposted route**

6. El Paseo Path. Urturi → “La Venta” (Quintana) 2,1 km

- **Difficulty**: 2/5
- **Time**: 0h 40’
- **Elevation Gain**: +64m.
- **Route Type**: Linear route

**START of route**: Urturi (Araba/Álava)
- 42.660040, -2.506518

**Signposted route**

7. Marizurieta Path. Urturi → Markinez 8,6 km

- **Difficulty**: 4/5
- **Time**: 2h 20’
- **Elevation Gain**: +311m.
- **Route Type**: Linear route

**START of route**: Urturi (Araba/Álava)
- 42.660040, -2.506518

**Signposted route**
8. **Botondela Path.** Markinez → Puente, río El Molino  
   8 km
   Difficulty  
   2h 30’  
   +332m.  
   → Linear route
   START of route: Markinez (Araba/Álava)
   42.702429, -2.564614
   Signposted route

9. **Los Molinos Path.** Urarte → Markinez  
   2.9 km
   Difficulty  
   0h 50’  
   +114m.  
   → Linear route
   START of route: Urarte (Araba/Álava)
   42.697796, -2.591981
   Signposted route

10. **Txarabitana Path.** Arluzea → “El Raso”  
   5.3 km
   Difficulty  
   1h 45’  
   +298m.  
   → Linear route
   START of route: Arluzea (Araba/Álava)
   42.727016, -2.541840
   Signposted route

11. **El Cartero Path.** Apellániz → Arluzea  
   5.6 km
   Difficulty  
   1h 50’  
   +348m.  
   → Linear route
   START of route: Apellániz (Araba/Álava)
   42.731607, -2.480436
   Signposted route
12. Sarrondo Path. Maestu 🃏 Apellániz 4,3 km

Difficulty 📌 📌 📌 📌 📌 1h 15’ +165m. ➔ Linear route

START of route: Maestu (Araba/Álava)
📍 42.738771, -2.433468

Signposted route

13. Larrabila Path. Korres 🃏 Alto “La Tejera” 5 km

Difficulty 📌 📌 📌 📌 📌 1h 40’ +368m. ➔ Linear route

START of route: Korres (Araba/Álava)
📍 42.698951, -2.434621

Signposted route

14. El Agin Path. Korres 🃏 “La Dehesa” 3 km

Difficulty 📌 📌 📌 📌 📌 1h 15’ +264m. ➔ Linear route

START of route: Korres (Araba/Álava)
📍 42.699151, -2.433166

Signposted route

15. Antoñana Path. Korres 🃏 Antoñana 4,1 km

Difficulty 📌 📌 📌 📌 📌 1h 15’ +276m. ➔ Linear route

START of route: Korres (Araba/Álava)
📍 42.697991, -2.433468

Signposted route
Be sure to visit...

**Basque-Navarre Green Way**

The longest adapted path in the Basque Country (90 kilometres) will lead us into an area of stimulating beauty.

The Green Way Visitors’ centre is located in the town of Antoñana.

**Peñacerrada-Urizaharra**

Medieval town with preserved fortified walls, of which the so-called South Gate is the highlight.

Don’t miss the town’s old mill (1778). The lower floor houses the mill and a craft bakery.

More information: [www.montanaalavesa.com](http://www.montanaalavesa.com)
Be sure to try...

Honey
A high-quality honey is obtained in the Álavan Mountains. It has been awarded the “Quality Label”.
In addition, the Honey Fair is held annually in Antoñana.
Come and see the biggest Griffon vulture colony in Gipuzkoa! Or why not visit Arrikrutz cave? What about a walk through the impressive Iturrigorri beech forest? Or how about going to see some Latxa sheep in their natural habitat? All this and more awaits you in Aizkorri-Aratz Natural Park. This park, with mountains that rise up like a rock wall between the provinces of Gipuzkoa and Alava, is a firm favourite with Basque mountaineers.

As well as having highest mountain range in Euskadi, the Aizkorri-Aratz Natural Park is home to some of the region’s richest cultural heritage such as dolmens, ancient caves and Roman roads.

Popular locally, Saint Adrian’s tunnel is traversed by an ancient road (part of Camino Real and St. James’ Way), linking Gipuzkoa with Alava.

The area of Arantzazu has long been associated with culture and religion. The Sanctuary offers the visitor an opportunity to engage in spiritual reflection.
Area covered: 15.919 ha  Height: Aketegi (1.551 m)

VISITOR CENTRES
Arantzazu, Oñati (Gipuzkoa)
T. +34 943 782 894 • E. arantzazu@gipuzkoamendizmendi.net
Araia (Araba/Álava)
T. +34 646 478 812 • E. parketxe.aizkoriaratz@gmail.com
Zegama (Gipuzkoa)
T. +34 943 802 187 • E. anduetza@gipuzkoamendizmendi.net
ON FOOT THROUGH AIZKORRI-ARATZ NATURAL PARK

1. **PA-02 Accessible path to Arantzazu** 1,2 km
   - Difficulty: 2
   - Duration: 0h 35’
   - Altitude gain: +117m.
   - Route: Linear
   - **Start of route:** Arantzazu, Oñati (Gipuzkoa)
   - Coordinates: 42.980084, -2.400913
   - Accessibility: Yes

2. **PR-Gi 3010 Forests belonging to the Common Land Authority** 20,2 km
   - Difficulty: 3
   - Duration: 7h 15’
   - Altitude gain: +1.061m.
   - Route: Circular
   - **Start of route:** Otzaurte, Zegama (Gipuzkoa)
   - Coordinates: 42.938451, -2.260048

3. **PR-Gi 3009 Aizkorri Pass** 18 km
   - Difficulty: 3
   - Duration: 6h 45’
   - Altitude gain: +1.077m.
   - Route: Circular
   - **Start of route:** Zegama (Gipuzkoa)
   - Coordinates: 42.976106, -2.292286

4. **PR-Gi 3008 Iron route of Aizkorbe** 18,3 km
   - Difficulty: 3
   - Duration: 6h 40’
   - Altitude gain: +994m.
   - Route: Circular
   - **Start of route:** Zerain (Gipuzkoa)
   - Coordinates: 43.012452, -2.273434

THE BASQUE COUNTRY ON FOOT
5. **PR-Gi 3007** Behind the water of Aizkorbe  **13,9 km**

Difficulty  

START of route: Brinkola, Legazpi (Gipuzkoa)  

43.016268, -2.334833

Signposted route

6. **PR-Gi 3006** Urbia Road  **11,4 km**

Difficulty  

START of route: Arantzazu, Oñati (Gipuzkoa)  

42.978013, -2.395784

Signposted route

7. **PR-Gi 3005** The hidden road  **7,3 km**

Difficulty  

Puntos de SALIDA: Arantzazu, Oñati (Gipuzkoa)  

42.979606, -2.401520

Signposted route

8. **PR-Gi 3004** Smugglers’ paths  **13,1 km**

Difficulty  

START of route: Arantzazu, Oñati (Gipuzkoa)  

42.979606, -2.401520

Signposted route
ON FOOT THROUGH
AIZKORRI-ARATZ NATURAL PARK

9. PR-Gi 3002 Kurutzebarri circular route  18.9 km

Difficulty ★★★★★  6h 45’  ▲  +983m.  ➡️ Circular route

START of route: Aretxabaleta (Gipuzkoa)
43.027936, -2.504290
Signposted route

10. SL-Gi 3004 The shepherds’ paths of Otzaurte  4.9 km

Difficulty ★★★★★  1h 40’  ▲  +221m.  ➡️ Circular route

START of route: Otzaurte, Zegama (Gipuzkoa)
42.938451, -2.260048
Signposted route

11. SL-Gi 3003 San Adrián Balcony  3.9 km

Difficulty ★★★★★  1h 40’  ▲  +278m.  ➡️ Circular route

START of route: Aldaola Car park (Gipuzkoa)
42.935111, -2.303141
Signposted route

THE BASQUE COUNTRY ON FOOT
<table>
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<tr>
<th>Route Code</th>
<th>Description</th>
<th>Distance</th>
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</thead>
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<tr>
<td>12. SL-Gi 3001</td>
<td>Mountain meadows</td>
<td>7.1 km</td>
</tr>
<tr>
<td>13. PR-Gi 3003</td>
<td>Water route</td>
<td>10.3 km</td>
</tr>
<tr>
<td>14. PR-Gi 3001</td>
<td>Dominions of Aitzorrotz</td>
<td>13.6 km</td>
</tr>
</tbody>
</table>

### 12. SL-Gi 3001 Mountain meadows
- **Difficulty**: ⭐️⭐️⭐️⭐️
- **Start**: Arantzazu, Oñati (Gipuzkoa)  
  📍 42.980019, -2.400292
- **Distance**: 7.1 km
- **Height Gain**: +509 m
- **Duration**: 3h 00’
- **Type**: Circular route
- **Route Type**: Signposted route

### 13. PR-Gi 3003 Water route
- **Difficulty**: ⭐️⭐️⭐️⭐️
- **Start**: Araotz, Oñati (Gipuzkoa)  
  📍 42.991773, -2.455733
- **Distance**: 10.3 km
- **Height Gain**: +588 m
- **Duration**: 3h 50’
- **Type**: Circular route
- **Route Type**: Signposted route

### 14. PR-Gi 3001 Dominions of Aitzorrotz
- **Difficulty**: ⭐️⭐️⭐️⭐️
- **Start**: Eskoriatza (Gipuzkoa)  
  📍 43.015666, -2.525070
  Leintz-Gatzaga (Gipuzkoa)  
  📍 42.985923, -2.568077
- **Distance**: 13.6 km
- **Height Gain**: +817 m
- **Duration**: 5h 05’
- **Type**: Circular route
- **Route Type**: Signposted route
ON FOOT THROUGH AIZKORRI-ARATZ NATURAL PARK

Be sure to visit...

Sanctuary of Arantzazu
In a breathtaking atmosphere, hanging over ravines and built on rocky crags, it is an unmissable view if you are in the Basque Country. Its artistic value is outstanding, and it leaves no one indifferent.

Segura
Its old quarter, which has been awarded Historic Monumental Site status, maintains its medieval charm thanks to its past as one of the main trade routes between Castille and the coast in centuries gone by.

More information: www.goierriturismo.com  
www.turismodebagoiena.eus 
www.arabakolautada.eus
Idiazabal cheese

Idiazabal cheese has been produced in the Basque Country and Navarre for thousands of years. It gets its name from a small village situated in the Goierri region. It is made exclusively with pure raw milk from latxa sheep and rennet from animals. A homemade craft cheese.

Don’t forget to pay a visit to the Idiazabal Cheese Visitors’ Centre. Idiazabal (Gipuzkoa) | T. +34 943 18 82 03
Not far from the seaside town of Zarautz, Mount Pagoeta stands amid a landscape of rural fields and farmhouses overlooking the localities of Aia and Laurgain (Gipuzkoa).

Pagoeta Natural Park is both recreational and educational. In fact, the park has a nature study school and a visitors’ centre housed in a magnificent 15th century farmhouse known as Iturrarán. The ethnographic exhibition on life in Basque farmhouses is well worth a visit as is the large botanical garden surrounding the centre.

Other attractions in the park include the Agorregi forge which dates back to the beginning of the 15th century and the “elurzuloak”, traditional underground cooler chambers used to conserve food in times gone by.

For those with a particular interest in history, there are also some important prehistoric ruins in the park: dolmens (Otagain, Olarteta, Zaingo), burial mounds (Muzin, Arreta) and prehistoric cave sites (Erratia and Amalda in the Alzoralas valley).

Herds of native breeds of animals such as the Betizu cow or the Pottoka miniature pony are also one of the area’s popular attractions.
Area covered: 1,335 ha  Height: Cruz de Pagoeta (704 m)

VISITOR CENTRE
Iturrarán · Aia (Gipuzkoa)
T. +34 943 835 389 · E. iturraran@gipuzkoamendizmendi.net
ON FOOT THROUGH
PAGOETA NATURAL PARK

THE BASQUE COUNTRY ON FOOT
ON FOOT THROUGH
PAGOETA NATURAL PARK

1. PR-GI 4002 Pagoeta Cross 5.8 km
   Difficulty  ★★★★★
   START of route: Aia (Gipuzkoa)
   43.236637, -2.149803
   Signposted route
   2h 10’  ➔ Linear route
   +368 m.

2. PR-Gi 4001 Pagoeta circular route 17.5 km
   Difficulty  ★★★★★
   START of route: Aia (Gipuzkoa)
   43.236637, -2.149803
   Signposted route
   7h 25’  ➔ Circular route
   +1.258 m.

3. SL-Gi 4002 Fauna path 6.2 km
   Difficulty  ★★★★★
   START of route: Lukun, Aia (Gipuzkoa)
   43.254898, -2.159027
   Signposted route
   2h 15’  ➔ Circular route
   +335 m.

4. SL-Gi 4001 Agorregi: iron and water 3.7 km
   Difficulty  ★★★★★
   START of route: Iturraran, Aia (Gipuzkoa)
   43.248425, -2.156644
   Signposted route
   1h 15’  ➔ Circular route
   +156 m.

THE BASQUE COUNTRY ON FOOT
ON FOOT THROUGH PAGOETA NATURAL PARK

⭐ Be sure to visit...

Zarautz
Home to the longest beach in the Basque Country and also the famous waves which attract surfers from around the world.

Balenciaga Museum
Located in Getaria, the Museum’s collection is made up of approximately 1,600 pieces and constitutes not only the best collection of Balenciaga creations in the world, but also the most important one due to its chronological thoroughness and the quality of the pieces it contains.

More information: www.urolakostaonline.com

THE BASQUE COUNTRY ON FOOT
Be sure to try...

Txakoli

It is a typical Basque wine: white, young and fruity. It is pale yellow with fruity aromas and has Protected Destination of Origin status.

It is excellent as an accompaniment to fish and seafood dishes.

Visiting a txakoli winery is an experience during which we will stroll through the vineyard, learn about the fermentation process and have Cantabrian Sea anchovies for lunch while tasting the sparkling young Basque wine.
The towns of Abaltzisketa and Ataun provide the two gateways into the park. The park is located in one of the Basque Country’s most important mountainous regions. Its considerable size, the height of the mountains and the varied and traditional use of the land makes it one of the most popular parks in the region. With the emblematic Mount Txindoki (Larrunarri) standing tall in the background and the Goierri and Tolosaldea localities down below, the scenery is quite breathtaking.

Tourists can choose from a wide range of activities: they can visit a traditional Basque farmhouse (caserío), sample some Idiazabal cheese, learn to pour cider in a family-run ciderhouse, go mountain-biking, horse-riding or visit megalithic monuments (there are some thirty dolmens, burial mounds, monoliths, cave and outdoor sites, and two cromlechs). The Barandiarán museum and interpretation centre in Ataun offers visitors extensive information on every aspect of the park.

Both GR and shorter walking routes are blazed with trailside markers and there are also footpaths which lead to the recreation areas with playgrounds. Visitors will find another information centre, hostel and restaurant at the Lizarrusti mountain pass.
Area covered: 10.971 ha  
Height: Irumugarrieta (1,426 m), Gambo (1,417 m), Txindoki (1,340 m)

VISITOR CENTRES
Lizarrusi, Ataun (Gipuzkoa)
T. +34 943 582 069 • E. lizarrusi@gipuzkoamendizmendi.net
Barandiaran Museum, Ataun (Gipuzkoa)
T. +34 943 180 335 • E. barandiaran@gipuzkoamendizmendi.net
ON FOOT THROUGH ARALAR NATURAL PARK

- San Gregorio (Barandiaran Museum)
- Ataun
- Zaldibia
- Arkaka
- Tolosa 14km
- Tolosa 14km
- Arkaka
- Zaldibia
- Ataun
- San Gregorio (Barandiaran Museum)
ON FOOT THROUGH PAGOETA NATURAL PARK

1. **PA-01 Accessible path to Larraitz**  1.5 km
   - Difficulty: 1
   - Time: 0h 25’
   - Change: +37m.
   - Linear route
   - START of route: Abaltzisketa (Gipuzkoa)
     - 43.047776, -2.105269
   - Signposted route

2. **PR-Gi 2010 Enirio route**  5 km
   - Difficulty: 2
   - Time: 1h 35’
   - Change: +47m.
   - Linear route
   - START of route: Igaratza, Enirio-Aralar (Gipuzkoa)
     - 42.984220, -2.041790
   - Signposted route

3. **PR-Gi 2009 Alotza route**  8.7 km
   - Difficulty: 3
   - Time: 2h 50’
   - Change: +146m.
   - Linear route
   - START of route: Igaratza, Enirio-Aralar (Gipuzkoa)
     - 42.984220, -2.041790
   - Signposted route

4. **PR-Gi 2008 Malloas trek**  12.8 km
   - Difficulty: 4
   - Time: 5h 35’
   - Change: +1.327m.
   - Linear route
   - START of route: San Martín, Amezketa (Gipuzkoa)
     - 43.048122, -2.079655
   - Signposted route

THE BASQUE COUNTRY ON FOOT
### 5. PR-Gi 2007 Zarate circular route 7.2 km

- **Difficulty:** ⭐⭐⭐⭐
- **Duration:** 2h 45’
- **Elevation Gain:** +447m.
- **Type:** Circular route

**START of route:** Bedaio, Tolosa (Gipuzkoa)

📍 43.050218, -2.040059

- **Signposted route**

### 6. PR-Gi 2006 Mine route 5.4 km

- **Difficulty:** ⭐⭐⭐⭐
- **Duration:** 2h 45’
- **Elevation Gain:** +757m.
- **Type:** Linear route

**START of route:** San Martín, Amezketa (Gipuzkoa)

📍 43.048122, -2.079655

- **Signposted route**

### 7. PR-Gi 2005 Txindoki path 14.9 km

- **Difficulty:** ⭐⭐⭐⭐
- **Duration:** 6h 40’
- **Elevation Gain:** +1.146m.
- **Type:** Circular route

**START of route:** San Martín, Amezketa (Gipuzkoa)

📍 43.048122, -2.079655

- **Signposted route**

### 8. PR-Gi 2004 Ausa-Gaztelu Path 10.6 km

- **Difficulty:** ⭐⭐⭐⭐
- **Duration:** 4h 15’
- **Elevation Gain:** +643m.
- **Type:** Linear route

**START of route:** Larraitz, Abaltzisketa (Gipuzkoa)

📍 43.037052, -2.099421

- **Signposted route**
### ON FOOT THROUGH PAGOETA NATURAL PARK

<table>
<thead>
<tr>
<th>Route Number</th>
<th>Name</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Start Point</th>
<th>Time</th>
<th>Elevation Gain</th>
<th>Type</th>
</tr>
</thead>
<tbody>
<tr>
<td>9. PR-Gi 2003</td>
<td>Arkaka-Lareo Path</td>
<td>13.2 km</td>
<td>☑️ 5️⃣ 0️⃣'</td>
<td>Arkaka, Zaldibia (Gipuzkoa)</td>
<td>5h 05’</td>
<td>+1.036 m.</td>
<td>Linear route</td>
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<tr>
<td>10. PR-Gi 2002</td>
<td>Intsusti circular route</td>
<td>13.3 km</td>
<td>☑️ 4️⃣ 3️⃣'</td>
<td>San Martín, Ataun (Gipuzkoa)</td>
<td>4h 35’</td>
<td>+823 m.</td>
<td>Circular route</td>
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<tr>
<td>11. PR-Gi 2001</td>
<td>Routes of Navarre</td>
<td>9.6 km</td>
<td>☑️ 4️⃣ 4️⃣'</td>
<td>Lizarrusti, Ataun (Gipuzkoa)</td>
<td>4h 40’</td>
<td>+879 m.</td>
<td>Linear route</td>
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<tr>
<td>12. SL-Gi 2009</td>
<td>Osinberde Path</td>
<td>3.5 km</td>
<td>☑️ 1️⃣ 5️⃣'</td>
<td>Arkaka, Zaldibia (Gipuzkoa)</td>
<td>1h 50’</td>
<td>+404 m.</td>
<td>Linear route</td>
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</table>

*THE BASQUE COUNTRY ON FOOT*
<table>
<thead>
<tr>
<th>No.</th>
<th>SL-Gi Year</th>
<th>Path Name</th>
<th>Distance</th>
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<tr>
<td>13</td>
<td>2008</td>
<td>Amundarainerreka Path</td>
<td>3.6 km</td>
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<tr>
<td>14</td>
<td>2007</td>
<td>Sara Path</td>
<td>7.2 km</td>
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<tr>
<td>15</td>
<td>2006</td>
<td>Sara II Path</td>
<td>1.9 km</td>
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<tr>
<td>16</td>
<td>2005</td>
<td>Lareo Path</td>
<td>6.9 km</td>
</tr>
</tbody>
</table>

**13. SL-Gi 2008 Amundarainerreka Path 3,6 km**

- **Difficulty**: 1/5
- **Time**: 3 hours 30 minutes
- **Height Gain**: +55m
- **Start**: Arkaka, Zaldibia (Gipuzkoa)
  - Coordinates: 43.013805, -2.140416
- **Route Type**: Linear route

**14. SL-Gi 2007 Sara Path 7,2 km**

- **Difficulty**: 3/5
- **Time**: 2 hours 15 minutes
- **Height Gain**: +215m
- **Start**: San Gregorio, Ataun (Gipuzkoa)
  - Coordinates: 42.978179, -2.181835
- **Route Type**: Circular route

**15. SL-Gi 2006 Sara II Path 1,9 km**

- **Difficulty**: 2/5
- **Time**: 1 hour 30 minutes
- **Height Gain**: +92m
- **Start**: San Gregorio, Ataun (Gipuzkoa)
  - Coordinates: 42.978179, -2.181835
- **Route Type**: Linear route

**16. SL-Gi 2005 Lareo Path 6,9 km**

- **Difficulty**: 3/5
- **Time**: 2 hours 30 minutes
- **Height Gain**: +388m
- **Start**: Lizarrusti, Ataun (Gipuzkoa)
  - Coordinates: 42.960463, -2.099547
- **Route Type**: Circular route
ON FOOT THROUGH PAGOETA NATURAL PARK

17. SL-Gi 2004 Alleko circular route  3.3 km

Difficulty ★★★  1h 15’  +185m.  → Linear route

START of route: Lizarrusti, Ataun (Gipuzkoa)
📍 42.960463, -2.099547

Signposted route
Barandiaran Museum
To visit the museum is to take a deep dive into the heart of Basque culture. You’ll have the chance to learn all about the life and extensive work of the celebrated Basque priest, anthropologist and ethnologist, José Miguel de Barandiaran, known as the patriarch of Basque culture.

Ordizia and Tolosa Markets
Don’t miss the markets on Wednesday in Ordizia and Saturday in Tolosa, where farmsteaders sell their freshest produce. A pleasure for all five senses.

More information: www.tolosaldea.eus
www.goierriturismo.com
Tolosa Beans

This product has the “Eusko Label Kalitatea” Protected Destination of Origin status. It is a dark purple, almost black, bean. They are usually eaten with black pudding from Beasain and the famous chilli peppers from Ibarra.
1. Stroll along a stream
2. Panoramic view of Aiako Harria

This unique and beautiful park is located in the Pyrenean foothills in the easternmost part of Gipuzkoa. Irumugarrieta, Txurrumurru and Errolbide are the three main mountains in the area and can be accessed via various well-blazed trails.

The park affords the visitor wonderful views of Txingudi Bay, the towns of Hondarribia, Irun and Hendaye, Mount Jaizkibel and the Oiartzun valley.

Aizondo, a ravine with a 100-metre waterfall is another of the park’s major attractions.

In the Aiako Harria rocky massif, there are dozens of mining shafts and galleries which originally belonged to the Arditurri mines (Oiartzun). The park’s Interpretation Centre, housed in the old mine’s laboratory, has a very interesting exhibition on the mining history of the area, which lasted from Roman times right up to 1984.

Its proximity to the French border led military engineers to build fortifications on this elevated terrain, some of which can still be visited in the park.

© 1. Stroll along a stream
2. Panoramic view of Aiako Harria
Area covered: 6.913 ha  Height: Txurrumurru (821m), Erroilbide (843m)

VISITOR CENTRE
Arditurri Mines · Oiartzun (Gipuzkoa)
T. +34 943 495 069 · E. arditurri@gipuzkoamendizmendi.net
ON FOOT THROUGH AIAKO HARRIA NATURAL PARK

1. PR-Gi 1012 Meazuri circular route 11 km
   Difficulty:  ★★★★☆
   START of route: Erlaitz, Irun (Gipuzkoa)
   43.305138, -1.756329
   4h 10’
   +670m.
   Circular route
   Signposted route

2. PR-Gi 1011 From Oiartzun to Aiako Harria 10 km
   Difficulty:  ★★★★☆
   START of route: Oiartzun (Gipuzkoa)
   43.299139, -1.860137
   3h 35’
   +688m.
   Linear route
   Signposted route

3. PR-Gi 1010 Aiako Harria peaks circular route 11.1 km
   Difficulty:  ★★★★☆
   START of route: Elurretxe, Irun (Gipuzkoa)
   43.295239, -1.786557
   5h 30’
   +988m.
   Circular route
   Signposted route

4. PR-Gi 1009 Arditurri mines 7.7 km
   Difficulty:  ★★★★☆
   START of route: Arditurri, Oiartzun (Gipuzkoa)
   43.284135, -1.804314
   3h 15’
   +551m.
   Circular route
   Signposted route
5. PR-Gi 1008 Source of the River Tornola  9 km

Difficulty  [ ] [ ] [ ] [ ]  ○ 3h 55’  ▲ +682m.  ○ Circular route

START of route: Aritxulegi, Oiartzun (Gipuzkoa)
📍 43.272084, -1.795714

Signposted route

6. PR-Gi 1007 Old railway of Artikutza  10,6 km

Difficulty  [ ] [ ] [ ] [ ]  ○ 4h 20’  ▲ +953m.  → Linear route

START of route: Karrika, Oiartzun (Gipuzkoa)
📍 43.281637, -1.851267

Signposted route

7. PR-Gi 1006 Heart of Aiako Harria  14,4 km

Difficulty  [ ] [ ] [ ] [ ]  ○ 5h 20’  ▲ +813m.  ○ Circular route

START of route: Sorondo, Oiartzun (Gipuzkoa)
📍 43.267880, -1.850282

Signposted route

8. PR-Gi 1005 From Errenteria to Aiako Harria  7,4 km

Difficulty  [ ] [ ] [ ] [ ]  ○ 2h 30’  ▲ +367m.  → Linear route

START of route: Beraun, Errenteria (Gipuzkoa)
📍 43.309284, -1.915560

Signposted route
ON FOOT THROUGH AIAKO HARRIA NATURAL PARK

9. PR-Gi 1004 Aldura circular route 12,5 km
   Difficulty ★★★★
   START of route: Idoia, Errenteria (Gipuzkoa)
   43.258529, -1.889015
   ★★ Signposted route

10. PR-Gi 1003 Urdaburu circular route 11,2 km
    Difficulty ★★★
    START of route: Barrengoloia, Errenteria (Gipuzkoa)
    43.266877, -1.895686
    ★★ Signposted route

11. PR-Gi 1002 Igorin dolmens 8,5 km
    Difficulty ★★★
    START of route: Epele, Hernani (Gipuzkoa)
    43.252522, -1.946428
    ★★ Signposted route

12. PR-Gi 1001 Ugaldetxo forests 10,6 km
    Difficulty ★★★★
    START of route: Ugaldetxo, Hernani (Gipuzkoa)
    43.224396, -1.925170
    ★★ Signposted route
13. SL-Gi 1007  Arditurri circular route  3.3 km
Difficulty  🟢🟢🟢🟢  🕒 1h 20’  △  +217m.  ⭕ Circular route
START of route: Arditurri. Oiartzun (Gipuzkoa)
📍 43.284135, -1.804314
Signposted route

14. SL-Gi 1006  Aitzondo waterfall  7.1 km
Difficulty  🟢🟢🟢🟢  🕒 2h 20’  △  +255m.  ⭕ Circular route
START of route: Ibarla, Irun (Gipuzkoa)
📍 43.329215, -1.777139
Signposted route

15. SL-Gi 1005  The snowfields route  4.9 km
Difficulty  🟢🟢🟢🟢  🕒 1h 40’  △  +214m.  ⭕ Circular route
START of route: Elurretxe, Irun (Gipuzkoa)
📍 43.295239, -1.786557
Signposted route

16. SL-Gi 1004  Elorrieta summit  4.7 km
Difficulty  🟢🟢🟢🟢  🕒 1h 45’  △  +292m.  ⭕ Circular route
START of route: Sorondo, Oiartzun (Gipuzkoa)
📍 43.267880, -1.850282
Signposted route
ON FOOT THROUGH
AIAKO HARRIA NATURAL PARK

17. SL-Gi 1003 The traces of our ancestors 8 km

Difficulty ★★★★★ 2h 45’ +377m. Circular route

START of route: Listorreta, Errenteria (Gipuzkoa)
43.267781, -1.901733
Signposted route

18. SL-Gi 1002 The apple trail 4.1 km

Difficulty ★★★★★ 1h 30’ +215m. Circular route

START of route: Ereñozu (Gipuzkoa)
43.242098, -1.940151
Signposted route

19. SL-Gi 1001 From Hernani to Aiako Harria 5.3 km

Difficulty ★★★★★ 1h 40’ +155m. Linear route

START of route: Hernani (Gipuzkoa)
43.264885, -1.976029
Signposted route
ON FOOT THROUGH AIAKO HARRIA NATURAL PARK

⭐ Be sure to visit...

Albaola Maritime Factory
A place where history comes back to life. A reminder of Pasaia’s glorious shipbuilding past. Here, the marine tradition is brought back to life, a legacy for future generations.

Arditurri mining reserve
Arditurri mining galleries are among the few to have been in almost uninterrupted use for 2,000 years.
There are organised guided tours, enabling us to take a trip through history.

More information: [www.oarsoaldeaturismoa.eus](http://www.oarsoaldeaturismoa.eus) [www.bidasoaturismo.com](http://www.bidasoaturismo.com)

THE BASQUE COUNTRY ON FOOT
Be sure to try...

Visit a cider house

The typical menu of a Basque cider house is cider, cod omelette, T-bone steak, with cheese and walnuts for dessert.

The txotx ritual:

Upon hearing the shout of “Txotx!”, the diners gather around the barrel, form an orderly queue, and hold their glass beneath the stream from the cider barrel, trying to spill as little as possible.

A truly Basque experience.
LONG-DISTANCE FOOTPATHS
THE COASTAL ROUTE

The so-called Coastal Route follows the coastline of Gipuzkoa and continues westward through Bizkaia. It is one of the oldest known routes to Santiago, predating even some of the better known pilgrimage routes through Spain. This route offers a nice balance of rural and urban, winding through fishing villages, farms, towns and cities. The first stretch is a series of continuous ups and downs, starting at the mouth of the Bidasoa River and following the coast of Gipuzkoa to the boundary with Bizkaia. The rugged areas disappear when we cross into Bizkaia through Markina-Xemein and discover the nooks of the Bizkaian administrative groupings of municipalities known as Lea- Artibai, Busturialdea and Uribe until we reach the enchanted landscapes of Encartaciones.

INLAND ROUTE

The Inland Route through Gipuzkoa and Álava perhaps best reflects the soul of the Basque Country. In seven days, visitors will get a good feel for this diverse and fascinating land – a country of seascapes, humid woodlands, fertile gardens, endless plains, heavily industrialised towns and cities, rural landscapes and countless picturesque snapshots. In short, in only 200 kilometres, pilgrims along this route will enjoy a wide array of scenery, history, culture, people and lifestyles. Ever since Roman times, this has been one of the most important routes in the Northern Iberian Peninsula.
Scan this QR code for more information and to download the stage Tracks.
WAY OF ST. JAMES
THE COASTAL ROUTE

1. Irun / Hondarribia → Donostia / San Sebastián 24,6 km
   Difficulty ★★★★☆ 6h 45’ ▼ ▲ +883m. → Linear route
   START of route: Irun (Gipuzkoa)
   ▲ 43.348955, -1.785370
   → Signposted route

2. Donostia / San Sebastián → Zarautz 22,8 km
   Difficulty ★★★★☆ 5h 30’ ▲ +573m. → Linear route
   START of route: Donostia-San Sebastián (Gipuzkoa)
   ▲ 43.322472, -1.984081
   → Signposted route

3. Zarautz → Deba 21,3 km
   Difficulty ★★★★☆ 6h 00’ ▼ ▲ +826m. → Linear route
   START of route: Zarautz (Gipuzkoa)
   ▲ 43.284919, -2.174272
   → Signposted route

4. Deba → Markina-Xemein 24,2 km
   Difficulty ★★★★☆ 6h 30’ ▼ ▲ +886m. → Linear route
   START of route: Deba (Gipuzkoa)
   ▲ 43.294827, -2.353779
   → Signposted route
5. Markina-Xemein → Gernika-Lumo  
24,8 km

Difficulty ⭐⭐⭐⭐  
 Duration: 6h 50’  
 Elevation: +772m.

START of route: Markina-Xemein (Gipuzkoa)  
43.267257, -2.498293

Signposted route

6. Gernika-Lumo → Bilbao  
29,8 km

Difficulty ⭐⭐⭐⭐  
 Duration: 8h 00’  
 Elevation: +897m.

START of route: Gernika-Lumo (Bizkaia) 
43.313184, -2.679684

Signposted route

7. Bilbao → Portugalete  
19,6 km

Difficulty ⭐⭐⭐⭐  
 Duration: 4h 45’  
 Elevation: +445m.

START of route: Bilbao (Bizkaia)  
43.257108, -2.923446

Signposted route

8. Portugalete → Kobaron  
16,8 km

Difficulty ⭐⭐⭐⭐  
 Duration: 3h 40’  
 Elevation: +209m.

START of route: Portugalete (Bizkaia) 
43.319646, -3.017355

Signposted route
## WAY OF ST. JAMES
### INLAND ROUTE

<table>
<thead>
<tr>
<th>Route</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Duration</th>
<th>Elevation</th>
<th>Type</th>
</tr>
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<tbody>
<tr>
<td>1. Irun → Hernani</td>
<td>26.2 km</td>
<td></td>
<td>7h 00’</td>
<td>+863m.</td>
<td>Linear route</td>
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<tr>
<td>2a. Hernani → Tolosa</td>
<td>19.3 km</td>
<td>4h 30’</td>
<td>+270m.</td>
<td>Linear route</td>
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<tr>
<td>2b. Hernani → Bidania</td>
<td>28.8 km</td>
<td>8h 15’</td>
<td>+1.250m.</td>
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<td>3a. Tolosa → Zegama</td>
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<td>8h 10’</td>
<td>+598m.</td>
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<td>8h 50’</td>
<td>+950m.</td>
<td>Linear route</td>
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<tr>
<td>4. Zegama → Salvatierra-Agurain</td>
<td>22 km</td>
<td>6h 00’</td>
<td>+895m.</td>
<td>Linear route</td>
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### START of route:
- Irun (Gipuzkoa) | 43.338316, -1.788704 | Signposted route
- Hernani (Gipuzkoa) | 43.265301, -1.976322 | Signposted route
- Tolosa (Gipuzkoa) | 43.138266, -2.071457 | Signposted route
- Bidania (Gipuzkoa) | 43.139587, -2.159252 | Signposted route
- Zegama (Gipuzkoa) | 42.975300, -2.289749 | Signposted route

### THE BASQUE COUNTRY ON FOOT
5. Salvatierra-Agurain → Vitoria-Gasteiz 27.4 km

- Difficulty: ★★★★
- Duration: 6h 00’
- Altitude Gain: +97m.
- Type: Linear route

START of route: Salvatierra-Agurain (Araba/Álava)
_gps: 42.854151, -2.389916

Signposted route

6. Vitoria-Gasteiz → La Puebla de Arganzón 22 km

- Difficulty: ★★★★★
- Duration: 4h 15’
- Altitude Gain: +273m.
- Type: Linear route

START of route: Vitoria-Gasteiz (Araba/Álava)
_gps: 42.850505, -2.672717

Signposted route

7. La Puebla de Arganzón → Briñas 27 km

- Difficulty: ★★★★★
- Duration: 6h 20’
- Altitude Gain: +498m.
- Type: Linear route

START of route: La Puebla de Arganzón (Araba/Álava)
_gps: 42.766655, -2.831028

Signposted route
**WAY OF ST. JAMES**

⭐ Be sure to visit...

Cathedral of Santa María, Vitoria-Gasteiz

It rises majestically above the city’s old quarter. Gothic style (13th to 14th century).

The “Open for Work” programme is held here. These are guided tours around the restoration works in the Cathedral. The tour allows visitors to discover the history of the city via the building.

San Adrián Tunnel

One of the most beautiful spots in the Aizkorri-Aratz Natural Park and the inland Camino de Santiago. It is a tunnel underneath a rocky mountain located in spectacular surroundings. It is 70 metres long. Inside, it houses a chapel of the same name. A medieval stone path leads to it, making its importance as a communication route in the past very clear.
Zenarruza Monastery

It was an important enclave on the Coastal Camino de Santiago during the Middle Ages and, above all, during the Renaissance. It can be accessed by the remains of a stone path which was used by the Jacobean pilgrims. Highlights include its Renaissance Gothic 15th century church and its mid-16th century cloister.

Santiago Cathedral, Bilbao

The Cathedral Church of Bilbao is consecrated to the Apostle Saint James, officially the patron saint of the city since 1643. Built in the 15th century, it is Gothic in style, although its tower and façade are neo-Gothic. It has undergone numerous renovations, the latest having taken place in the year 2000.
The Ignatian Way retraces the route taken by the knight Ignatius of Loyola in 1522 from his birthplace in Azpeitia, Gipuzkoa, to the Catalanian city of Manresa. Following his spiritual conversion in Loyola, he set out on the pilgrimage with the intention of reaching the Holy City of Jerusalem.

Today’s pilgrim route is based on the spiritual writings of Sant Ignasi and runs from the house of his birth in Loyola, in Azpeitia, to the “Cova de Sant Ignasi”, or Cave of Saint Ignatius near the Monastery of Montserrat in Manresa, Catalonia. It is a long, challenging walk (approximately 675 kms) through five of Spain’s autonomous communities which takes about 30 days to complete.

The itinerary begins in Basque lands and crosses two of its provinces, Gipuzkoa and Álava, before continuing on its way. A total of 7 stages and 150 kilometres, marked with the beacons of the GR 120, which will provide us with a unique experience. While the Basque section is considered the toughest of the entire pilgrimage, it offers walkers a unique opportunity to learn about the six regions it passes through: Urola Garaia, Urola Erdia, Debagoiena, the plains and mountains of Alava, and the Rioja Alta wine-growing region in Alava.

This part of the route is particularly attractive for pilgrims in search of an experience similar to the Way of St. James.
Scan this QR code for more information and to download the stage Tracks.
THE IGNATIAN WAY

1. Loiola → Zumarraga 17.7 km
   Difficulty  ★★★☆☆  🕒 4h 10’  ⛰️ +269m.  ➔ Linear route
   START of route: Loiola (Gipuzkoa)
   📍 43.174832, -2.281703
   Signposted route

2. Zumarraga → Arantzazu 18.9 km
   Difficulty  ★★★☆☆  🕒 6h 30’  ⛰️ +873m.  ➔ Linear route
   START of route: Zumárraga (Gipuzkoa)
   📍 43.087809, -2.320754
   Signposted route

3. Arantzazu → Araia 15.9 km
   Difficulty  ★★★☆☆  🕒 5h 50’  ⛰️ +656m.  ➔ Linear route
   START of route: Arantzazu (Gipuzkoa)
   📍 42.979147, -2.315977
   Signposted route

4. Araia → Alda 21.3 km
   Difficulty  ★★★☆☆  🕒 6h 20’  ⛰️ +630m.  ➔ Linear route
   START of route: Araia (Araba/Álava)
   📍 42.890082, -2.315977
   Signposted route

THE BASQUE COUNTRY ON FOOT
5. Alda → Santa Cruz de Campezo 17.7 km

**Difficulty**:  

**Time**: 4h 20’  

**Elevation Gain**: +191m.  

→ Linear route

**START of route**: Alda (Araba/Álava)  

📍 42.752659, -2.331597

---

6. Santa Cruz de Campezo → Laguardia 32 km

**Difficulty**:  

**Time**: 8h 30’  

**Elevation Gain**: +690m.  

→ Linear route

**START of route**: Santa Cruz de Campezo (Araba/Álava)  

📍 42.669873, -2.350830

---

7. Laguardia → Navarrete 19 km

**Difficulty**:  

**Time**: 5h 00’  

**Elevation Gain**: +163m.  

→ Linear route

**START of route**: Laguardia (Araba/Álava)  

📍 42.552739, -2.585374

---
Be sure to visit...

Basilica of Loiola
One of the Basque Country’s most outstanding places, from the historical point of view and because of its traditions, as well as because of the natural environment surrounding it.

Santa María de Zumarraga (La Antigua)
Considered the cathedral of Basque chapels, it boasts an extraordinary oak coffered ceiling.

Railway Museum
Experience a steam train journey with a 19th century locomotive.

Basilica of Arantzazu
Located in an impressive landscape of rocky massifs, deep ravines and mountain ranges which open and bring us close to the borders between Álava, Navarre and Gipuzkoa.
Urbia huts
Mountain paths lead us to the Urbia meadows (complete with a shelter and a chapel), at the foot of the highest stretch of the Aizkorri sierra.

Antoñana
Fortified town founded by King Sancho “the Wise” of Navarre in 1182 on an old fort. Its walls are the most outstanding aspect of this small town.

Ancient oaks
A magnificent place with more than 508 trees which are more than five centuries old. Indeed, some of them are more than 1,500 years old.

Rioja Alavesa landscape
An extraordinarily beautiful landscape awarded the status of Cultural Asset in 2014.
From the vineyards of Oyón to the port of Bermeo, the GR 38 takes you from the south of the Basque Country to the north, crossing landscapes which are as diverse as they are captivating. Throughout this route, we’ll be able to recognise the history of our ancestors. Used by muleteers in days gone by, the road still retains the aroma of the merchandise that travelled along it. From the ports of Bermeo, Ondarroa and Lekeitio, waggoners set out with their mules laden with fresh or salted fish and, on their return journey, their wagons were laden with wheat, salt, vinegar and wine.

With a total distance of 166 km and 7 stages, this itinerary, adapted for tourism and culture, has recovered the splendour of old with the new wayfarers of this century.

The ports of Ondarroa and Lekeitio also established trade routes, and from the 15th to the 18th century they maintained contact with inland areas. Their roads joined up at Santutxu, where they headed towards the foot of Oiz sierra. There, they joined up with the road from Bermeo.
# GR 38
## WINE AND FISH ROUTE

### 1. Oyón → Laguardia 19 km
- **Difficulty**: ⭐⭐⭐⭐
- **Time**: 5h 00’
- **Elevation Change**: +343m.
- **Route Type**: Linear route

**START of route**: Oyón (Araba/Álava)
![42.504845, -2.438958]

**Signposted route**

### 2. Laguardia → Albaina 22 km
- **Difficulty**: ⭐⭐⭐⭐
- **Time**: 6h 00’
- **Elevation Change**: +833m.
- **Route Type**: Linear route

**START of route**: Laguardia (Araba/Álava)
![42.553467, -2.585018]

**Signposted route**

### 3. Albaina → Estíbaliz 23 km
- **Difficulty**: ⭐⭐⭐⭐
- **Time**: 5h 30’
- **Elevation Change**: +441m.
- **Route Type**: Linear route

**START of route**: Albaina, Treviño (Burgos)
![42.689833, -2.634749]

**Signposted route**

---

THE BASQUE COUNTRY ON FOOT
4. Estíbaliz → Otxandio 37.5 km

- Difficulty: 4
- Time: 9h 00’
- Altitude Gain: +597m.
- Route Type: Linear route

**START of route:** Estíbaliz (Araba/Álava)
- Coordinates: 42.848279, -2.570632
- Signposted route

5. Otxandio → Durango 19.5 km

- Difficulty: 4
- Time: 5h 00’
- Altitude Gain: +371m.
- Route Type: Linear route

**START of route:** Otxandio (Bizkaia)
- Coordinates: 43.040169, -2.654705
- Signposted route

6. Durango → Gernika 25.9 km

- Difficulty: 4
- Time: 6h 30’
- Altitude Gain: +895m.
- Route Type: Linear route

**START of route:** Durango (Bizkaia)
- Coordinates: 43.167056, -2.631939
- Signposted route

7. Gernika → Bermeo 19.3 km

- Difficulty: 4
- Time: 4h 00’
- Altitude Gain: +577m.
- Route Type: Linear route

**START of route:** Gernika (Bizkaia)
- Coordinates: 43.313187, -2.679379
- Signposted route
## GR 38
**WINE AND FISH ROUTE**

### DIVERSIONS

<table>
<thead>
<tr>
<th>V. 8. Maskagakorta ➔ Santutxu</th>
<th>GR 38.1</th>
<th>16.9 km</th>
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<td>📍 43.293698, -2.515147</td>
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<tr>
<th>V. 10. Santutxu ➔ Ondarroa</th>
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</tr>
</tbody>
</table>
THE BASQUE COUNTRY ON FOOT
GR 38
WINE AND FISH ROUTE

Be sure to visit...

Church of Santa María de los Reyes (Laguardia)
It has one of the few multi-coloured doorways still intact in Spain. Laguardia Tourist Information Office organises guided tours.

Sierra de Cantabria
A barrier consisting of powerful rocky limestone crenellations. A contrasting landscape: to the north can be seen forests and farmland, and to the south, extensive vineyards.

Romanesque basilica of Estíbaliz
One of the most important monuments of Romanesque art in Álava.
Urkiola Natural Park
It includes a series of sierras and limestone peaks, ravines and deep valleys, with such famous peaks as Mount Anboto, which have helped boost great enthusiasm for mountaineering and trekking.

Fishing ports of the Basque Coast
Experience the marine tradition of any of the ports of Lekeitio, Bermeo, Ondarroa, etc.

Durango
It has an interesting architectural heritage. Its old quarter is home to numerous historically valuable monuments.
The Idiazabal Cheese Trail (GR-283) is a circular route for hikers, made up of 6 stages which offer an unbeatable chance to go hiking in exceptional surroundings and, at the same time, discover the entire productive cycle of Idiazabal cheese: the nature reserves where the sheep graze, the dairies where cheese is made, and the markets where it is sold.

Designed to be walked one stage per day, the route crosses three Gipuzkoan valleys: Goierri, Urola Garaia and Deba Goiena, and allows access to the nature reserves of Aizkorri-Aratz and Aralar. On each stage, hikers can also discover some of the most interesting landscapes and places of cultural interest in the Basque Country.

It is well-signposted, and its overall difficulty level is medium. It does not require high altitude or climbing equipment.

1. Sanctuary of Arantzazu
2. GR-283 as it passes through Urbia
Scan this QR code for more information and to download the stage Tracks.
**GR 283**  
**IDIAZABAL CHEESE ROUTE**

<table>
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<tr>
<th>Route</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Time</th>
<th>Elevation</th>
<th>Type</th>
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<td>1. Segura → Mirandaola</td>
<td>14.6 km</td>
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<td>5h 05’</td>
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<td>Linear route</td>
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<td></td>
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<tr>
<td>2. Mirandaola → Arantzazu</td>
<td>12.9 km</td>
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<td>5h 00’</td>
<td>+949m.</td>
<td>Linear route</td>
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<td><strong>START of route:</strong> Mirandaola (Gipuzkoa)</td>
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<tr>
<td></td>
<td>43.050797, -2.334031</td>
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<td>Signposted route</td>
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<tr>
<td>3. Arantzazu → Etzegarate</td>
<td>20.4 km</td>
<td></td>
<td>7h 20’</td>
<td>+1050m.</td>
<td>Linear route</td>
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<tr>
<td><strong>START of route:</strong> Arantzazu, Oñati (Gipuzkoa)</td>
<td></td>
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<tr>
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<td>42.979147, -2.399565</td>
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<td>Signposted route</td>
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</tr>
<tr>
<td>4. Etzegarate → Lizarrusti</td>
<td>15.5 km</td>
<td></td>
<td>5h 50’</td>
<td>+920m.</td>
<td>Linear route</td>
</tr>
<tr>
<td><strong>START of route:</strong> Etzegarate (Gipuzkoa)</td>
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<tr>
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<td>42.949573, -2.227464</td>
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<td></td>
<td>Signposted route</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
5. Lizarrusti → Ordizia 23.5 km

Difficulty 🟢🟢🟢🟢🟢  🕒 8h 00'  🚭 +803m.  ➔ Linear route

START of route: Lizarrusti (Gipuzkoa)
📍 42.960510, -2.099793
- Signposted route

6. Ordizia → Segura 13.2 km

Difficulty 🟢🟢🟢🟢🟢  🕒 4h 00'  🚭 +288m.  ➔ Linear route

START of route: Ordizia (Gipuzkoa)
📍 43.054119, -2.177158
- Signposted route

Reserve your experience on the Idiazabal Cheese Route

www.rutadelquesoidiazabal.com

Never was there such a packed week of adventure
Segura
Segura is one of the medieval towns in Goierri worth visiting, as much for its almond-shaped old quarter as for its quick and easy access from Donostia-San Sebastián.

Basilica of Arantzazu
Located in an impressive landscape of rocky massifs, deep ravines and mountain ranges which open and bring us close to the borders between Álava, Navarre and Gipuzkoa.

Mirandaola Ironworks
The only ironworks to be preserved out of the seven that existed in Legazpi in the 15th century. Currently, the installation is activated by a mill, and you can see it in operation.

Urbia huts
Mountain paths lead us to the Urbia meadows (complete with a shelter and a chapel), at the foot of the highest stretch of the Aizkorri sierra.
Medieval Stone Path and San Adrián Tunnel

The tunnel (UNESCO) passes underneath a rocky mountain located in spectacular surroundings. It is 70 metres long and a medieval stone path leads there.

Historic Monumental Site of Igartza (Beasain)

It is made up of several buildings: the Palace, the chapel, the mill, the miller’s house, the ironworks, the blacksmith’s house with stables, the press and the bridge.

Oidui huts

The landscape is dotted with numerous flocks of sheep who graze on the meadows of different huts, with those of Oidui standing out.

Cheese Museum (Idiazabal)

During a tour around this museum, you will learn about one of the most representative of Basque products. You can obtain information about visiting nearby cheese makers.
WALKS

THE BASQUE COUNTRY ON FOOT
**BASQUE COUNTRY WALKS**

**DISCOVER THE REGIONS OF THE BASQUE COUNTRY THROUGH THEIR WALKING ROUTES**

### ENKARTERRI (Bizkaia)

#### 1. Armañón Visitor Centre loop
- **Distance:** 2.2 km
- **Difficulty:** 1 red dot
- **Duration:** 0h 50’
- **Type:** Circular route

**START of route:** Armañón Visitor Centre, Karrantza (Bizkaia)
- **Coordinates:** 43.288292, -2.306532

### URIBE (Bizkaia)

#### 2. Sea cliffs of Uribe
- **Distance:** 6 km
- **Difficulty:** 1 red dot
- **Duration:** 1h 30’
- **Type:** Linear route

**START of route:** Meñakoz beach car park Barrika (Bizkaia)
- **Coordinates:** 43.390552, -2.990917

### URDAIBAI (Bizkaia)

#### 3. Painted forest of Oma
- **Distance:** 7.4 km
- **Difficulty:** 2 red dots
- **Duration:** 2h
- **Type:** Circular route

**START of route:** Bº Basondo - Lezika Restaurant, Kortezubi (Bizkaia)
- **Coordinates:** 43.344480, -2.638244

### LEA ARTIBAI (Bizkaia)

#### 4. Lea trail (Lekeitio > Gizaburuaga)
- **Distance:** 8 km
- **Difficulty:** 2 red dots
- **Duration:** 2-3h
- **Out:**
- **Return:** BUS A3523 Bizkaibus

**START of route:** Mendexa-Lekeitio bridge. Likona Auzoa, Mendexa (Bizkaia)
- **Coordinates:** 43.360250, -2.498437

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**THE BASQUE COUNTRY ON FOOT**
DURANGALDEA (Bizkaia)
5. Arrazola Greenway 10 km
Difficulty 2h 10’ Linear route

START of route: Caserío Zearreta. Bº Apatamonasterio. Atxondo (Bizkaia)
🗺️ 43.128692, -2.582820

GORBEIALDE (Bizkaia)
6. Saldropo wetlands 2.2 km
Difficulty 0h 35’ Circular route

START of route: Saldropo Recreation Area. Zeanuri (Bizkaia)
🗺️ 43.053348, -2.7296230

GORBEIALDE (Araba/Álava)
7. Gujuli waterfall 1.2 km
Difficulty 0h 20’ Linear route

START of route: Gujuli Overlook car park. (Araba/Álava)
🗺️ 42.970221, -2.911861

AIARA (Araba/Álava)
8. Nervión river falls 7.2 km
Difficulty 1h 45’ Circular route

START of route: Car park, Natural Monument of Mount Santiago (Araba/Álava)
🗺️ 42.942565, -3.001193
## BASQUE COUNTRY WALKS

DISCOVER THE REGIONS OF THE BASQUE COUNTRY THROUGH THEIR WALKING ROUTES

<table>
<thead>
<tr>
<th>Location</th>
<th>Route Description</th>
<th>Distance</th>
<th>Difficulty</th>
<th>Duration</th>
<th>Route Type</th>
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</thead>
<tbody>
<tr>
<td><strong>AÑANA</strong> (Araba/Álava)</td>
<td>9. River Purón</td>
<td>10.4 km</td>
<td></td>
<td>3h</td>
<td>Linear route</td>
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<tr>
<td><strong>VITORIA-GASTEIZ</strong> (Araba/Álava)</td>
<td>10. Salburua wetlands</td>
<td>4 km</td>
<td></td>
<td>1h</td>
<td>Circular route</td>
</tr>
<tr>
<td><strong>LLANADA ALAVESA</strong> (Araba/Álava)</td>
<td>11. Mendixur</td>
<td>3.5 km</td>
<td></td>
<td>1h</td>
<td>Linear route</td>
</tr>
<tr>
<td><strong>MONTAÑA ALAVESA</strong> (Araba/Álava)</td>
<td>12. Bujanda trail</td>
<td>7 km</td>
<td></td>
<td>2h</td>
<td>Linear route</td>
</tr>
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</table>

**START of route:**
- Valderejo Natural Park Visitor Centre, Lalastra (Araba/Álava)  
  📍 42.876256, -3.228677
- Mendixur Ornithological Park car park (Araba/Álava)  
  📍 42.891070, -2.527883
- Mendixur Ornithological Park car park (Araba/Álava)  
  📍 42.891070, -2.527883
- Izki Natural Park Visitor Centre, Korres (Araba/Álava)  
  📍 42.698645, -2.433534

**Difficulty:**
- Linear route
- Circular route

**The Basque Country on Foot**
RIOJA ALAVESA (Araba/Álava)
13. La Paúl loop 3.5 km
Difficulty: ★★★☆☆ 0h 50’ Circular route
START of route: Centro Temático del Vino Villa Lucia, Laguardia (Araba/Álava)  
📍 42.548417, -2.578118

DEBABARRENA (Gipuzkoa)
14. Sakoneta trail. PR-Gi 5001 6 km
Difficulty: ★★★☆☆ 1h 30’ Linear route
START of route: Errotaberri. Bº Itxaspe, Deba (Gipuzkoa)  
📍 43.288292, -2.306532

UROLA KOSTA (Gipuzkoa)
15. Zarautz to Getaria 7 km
Difficulty: ★★★☆☆ 1h 30’ Linear route
START of route: Zarautz / Getaria (Gipuzkoa)  
📍 Zarautz 43.287362, -2.177858 / Getaria 43.304463, -2.202525

BIDASOA (Gipuzkoa)
16. Plaiaundi (Txingudi) 2.7 km
Difficulty: ★★★☆☆ 0h 40’ Circular route
START of route: Txingudi Ekoetxea Interpretation Centre, Irún (Gipuzkoa)  
📍 43.347166, -1.793152
OARSOALDEA (Gipuzkoa)
17. Arditurri Greenway 5km
Difficulty ★★★★★  ◀️Linear route  ○1h 10’
START of route: Car park. Interpretation Centre-Arditurri Mines
Aiako Harria Natural Park (Gipuzkoa)  📍 43.284397, -1.8105200

UROLA ERDIA (Gipuzkoa)
18. Ibai Eder reservoir 6.8km
Difficulty ★★★★★  ◀️Circular route  ○1h 30’
START of route: Ibai Eder reservoir, Bº de Nuarbe, Azpeitia (Gipuzkoa)  📍 43.129305, -2.225597

UROLA GARAIA (Gipuzkoa)
19. Irimo 6.4km
Difficulty ★★★★★  ◀️Circular route  ○2h
START of route: Albergue Santa Bárbara-Aterpetxea, Urretxu (Gipuzkoa)  📍 43.092429, -2.334283

DEBAGOIENENA (Gipuzkoa)
20. Gomiztegi accessible trail 3.8km
Difficulty ★★★★★  ◀️Linear route  ○0h 55’
START of route: Sanctuary of Arantzazu, Oñati (Gipuzkoa)  📍 42.979029, -2.398566
TOLOSALDEA (Gipuzkoa)
21. Larraitz accessible trail 2,6km

Difficulty 🌱 🌱 🌱 🌱 🌱 0h 40’ ← → Linear route

START of route: Larraitz (Gipuzkoa)
rieved: 43.036887, -2.098947

GOIERRI (Gipuzkoa)
22. Lizarrusti-Lareo walk 6,7km

Difficulty 🌱 🌱 🌱 🌱 🌱 2h 10’ ← → Linear route

START of route: Aralar Natural Park Interpretation Centre, Lizarrusti Visitor Centre, Ataun (Gipuzkoa) 42.960007, -2.098561

Scan this QR code for more information.
SERVICE COMPANIES
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RURAL ACCOMMODATION

Nekatur offers accommodation in rural tourism establishments and rural guest houses. Come and discover the Basque Country and stay in one of the charming rural accommodation establishments Nekatur can offer.

Entire houses, rooms, apartments, etc. Best Price Guaranteed. Discounts at tourism companies and organisations in the Basque Country.

Gift vouchers and certificates

www.nekatur.net
The Route goes through Aiaraldea in the Álava region, includingTxakoli wineries, tourist lodging, restaurants, etc... so you can immerse yourself in the traditional txakoli culture.

- Pintxo areas: City Centre, Ledesma, Diputación, García Rivero.
- Traditional Ribera Market: the largest covered food market in Europe.
- Typical products: cod (with garlic and pepper sauce, Biscay-style, with garlic...). Sweets: the carolina (merengue pastry), butter pastry, Bilbao ‘tarta de la baldosa’ (tile cake), rice cake...
- Saint Thomas Fair (December)

www.rutadeltxakoli.com
Basque gastronomy is much more than just eating good food. From the most traditional to the most innovative, Basque gastronomy is one of Euskadi’s identifying marks, deeply rooted in our people’s day-to-day, hearkening back to our history, customs and leisure. It’s a lifestyle, an identity, a way of being. It has crossed borders and its internationally well-known and praised. The secret?

The excellent and diverse raw materials offered by land and sea, the savoirfaire of great Basque chefs, and above all else, the care, attention to detail and passion with which Basques understand gastronomy.

Ask, research, take the plunge, try, savour and enjoy. This way, your visit to Piece of roasted beef, Euskadi will definitely leave the best taste in your mouth.
THE SEAL THAT GUARANTEES
HIGH QUALITY FOOD AND DRINK...

How to find your way, how to get around, how to know what to look for with so much on offer?

The Euskadi Gastronomika brand will help you find the best establishments during your stay, where local produce is treated with the honour it deserves, where tradition and traditional recipes are respected and regularly on offer, where the staff is trained to attend and welcome tourists and travellers.

...AND THE GUIDE THAT GUARANTEES
THE BEST WAY TO ENJOY IT

Euskadi is Gastronomy, and the Food and Wine Tourism guide is the best way to taste it, with full references of all establishments linked to Euskadi Gastronomika. Get your copy at one of the Tourist Offices or download it at euskaditurismo.eus

Enjoy your stay and... Eat your way around the country of the Basques!

MORE THAN 700 ENTRIES WITH ALL THE NECESSARY INFORMATION FOR THE BEST FOOD AND WINE EXPERIENCE IN EUSKADI
For more information about the Protected Nature Reserve Paths Network:

ÁLAVA REGIONAL GOVERNMENT
www.araba.eus
Arabako Foru Aldundia
Diputación Foral de Álava

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